

# Montessori activities for older adults in community nursing: comparative case study

Zajęcia montessori dla osób starszych w pielęgniarstwie środowiskowym: porównawcze studium przypadku

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A – Development of the concept and methodology of the study/Opracowanie koncepcji i metodologii badania; B – Query – a review and analysis of the literature/Wyszukiwanie – przegląd i analiza literatury przedmiotu; C – Submission of the application to the appropriate Bioethics Committee/Złożenie wniosku do właściwej Komisji Bioetycznej; D – Collection of research material/Gromadzenie materiału badawczego; E – Analysis of the research material/Analiza materiału badawczego; F – Preparation of draft version of manuscript/Przygotowanie roboczej wersji artykułu; G – Critical analysis of manuscript draft version/Analiza krytyczna roboczej wersji artykułu; H – Statistical analysis of the research material/Analiza statystyczna materiału badawczego; I – Interpretation of the performed statistical analysis/Interpretacja dokonanej analizy statystycznej; J – Technical preparation of manuscript in accordance with the journal regulations/Opracowanie techniczne artykułu zgodnie z regulaminem czasopisma; K – Supervision of the research and preparation of the manuscript/ Nadzór nad przebiegiem badań i przygotowywaniem artykułu

## STRESZCZENIE

### ZAJĘCIA MONTESSORI DLA OSÓB STARSZYCH W PIELĘGNIARSTWIE ŚRODOWISKOWYM: PORÓWNAWCZE STUDIUM PRZYPADKU

**Cel pracy.** Działania Montessori zostały wdrożone w opiece pielęgniarstwie nad osobami starszymi w środowisku domowym w celu stworzenia znaczących, integracyjnych i bezawaryjnych codziennych czynności, które poprawią jakość ich życia.

**Materiał i metody.** Zastosowano pogłębione porównawcze studia przypadków z metodami eksploracyjnymi w oparciu o ustrukturyzowane wywiady i obserwację czterech celowo wybranych osób starszych z demencją i bez demencji w środowisku domowym. Dane zostały zebrane przy użyciu metodologii Montessori, która została podzielona na pięć faz.

**Wyniki.** Opracowano różne rodzaje aktywności i rolę w oparciu o indywidualne umiejętności i zainteresowania. Uczestnicy czuli się bardziej niezależni i pewni siebie w wykonywaniu zaplanowanych czynności oraz zadowoleni z tego, że są zajęci w ciągu dnia i zaangażowani w działania, które przyczyniają się do ich lepszej mobilności i zdrowia.

**Wnioski.** Wdrożone działania mogą ułatwić włączenie osób starszych w codzienną rutynę życia rodzinnego, podnieść jakość życia i możliwość samoopieki w środowisku domowym.

Słowa kluczowe:

osoby starsze, demencja, Montessori, środowisko domowe, pielęgniarstwo środowiskowe

## ABSTRACT

### MONTESSORI ACTIVITIES FOR OLDER ADULTS IN COMMUNITY NURSING: COMPARATIVE CASE STUDY

**Aim.** Montessori activities were implemented in nursing care of older adults in the home environment with the aim of creating meaningful, inclusive, and failure-free daily activities that improve their quality of life.

**Material and methods.** In-depth comparative case studies with exploratory methods were used based on structured interviews and observation of four purposely selected older adults with and without dementia in the home environment. The data was collected using the Montessori methodology, which was divided into five phases.

**Results.** Different types of activities and roles were developed based on the individual's abilities and interests. The participants felt more independent and self-confident in the performance of planned activities and satisfied that they are busy during the day and engaged in activities that contribute to their better mobility and health.

**Conclusions.** Implemented activities can facilitate the inclusion of older adults in the daily routine of family life, increase the quality of life and the possibility of self-care in the home environment.

Key words:

older adults, dementia, Montessori, home environment, community nursing

# Case Studies Montessori Activities

**H Kauffman**



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*Learning Theories for Early Years Practice* Sean MacBlain, 2018-03-31 Understanding and applying learning theories is crucial to the transition from study or training to practice in a real world setting This new textbook will prepare the reader by demonstrating how key learning theories pan out in practice with the aid of photographs examples and clear explanations Divided into three main sections Early Influences Modern Influences and Challenges for Theorists in a Changing World this author identifies the key theorists in early childhood past and present before linking them to the main issues and developments that face early years practitioners today An explanation of each key theorist is guided by a clear structure including links to other theorists strengths and weaknesses of the theory the theory in practice Packed full of case studies activities points for discussion extended and recommended reading this is a fantastic resource for students and teachers who want to build a strong foundation in learning theories to enable them to support the young children in their care as

effectively as possible Resources in education ,1983-05 **Empowering Early Childhood Educators** Naomi McLeod, Patricia Giardiello, 2019-06-05 This forward thinking text challenges educators to think about and question the purpose of education and explores international understandings of the role played by early years professionals in promoting participatory ethical and reflexive practice which benefits children as independent decision makers By exploring the different perspectives concepts and practices adopted in early childhood settings in Denmark Finland Aotearoa New Zealand and Sweden Empowering Early Childhood Educators demonstrates the potential of participatory and democratic approaches in day to day practice Illustrating how pedagogical approaches such as Te Wh riki Reggio Emilia and the Montessori method may be understood and interpreted to maximise children s engagement in their socio cultural context chapters empower educators to question their professional experience knowledge and initiative to find a balance between directives and ethical practice A rich combination of case studies commentaries interviews and conversations the text offers critical insight into the daily practices and challenges of early years educators around the world and inspires critical reflection on practices which empower them A powerful revaluation of the purposes and value of early childhood education Empowering Early Childhood Educators will be of interest to early years practitioners students and researchers **Pennsylvania School Journal** ,1925

Includes Official program of the meeting of the Pennsylvania State Educational Association sometimes separately paged *Resources in Education* ,1997 **Exceptional Child Education Abstracts** ,1974 *Inner Development* Cris Popenoe, 1979 *The New International Year Book* ,1915 **Journal of Education** ,1912 **A Study of the Structural Design of the Clothing of Pre-school Children in Relation to Self Care** Iva Irene Bell, 1927 *Educational Times* ,1912 *Virginia Journal of Education* ,1913 Journal of the American Association of University Women ,1924 New International Yearbook ,1912 **The Social Welfare Forum** National Conference of Social Work (U.S.). Annual Forum, 1919 **Educational Times and Journal of the College of Preceptors** ,1912 New England Journal of

Education ,1912      **The Social Welfare Forum** National Conference on Social Welfare,1919      **Young Children** ,1989

*Core List of Books and Journals in Education* Nancy P. O'Brien,Emily Fabiano,1991-01-09 This list assembles a selected group of approximately 1000 books and journals currently available in the field of education mostly published in the late 1980s All works are in English and almost all are American American government documents and monographs published by UNESCO have also been included

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