

## Fluid and Electrolytes: Potter and Perry Chapter 42

- Overview
  - Fluid, electrolyte, and acid-base balances within the body maintain health and function of all body systems
  - Fluid: water that contains dissolved or suspended substances such as glucose, mineral salts, and proteins
    - Characteristics of body fluids influence body system function and have regulatory mechanisms that keep them in balance:
      - Fluid amount → volume
      - Concentration → osmolality
      - Composition → electrolyte concentration
      - Degree of acidity → pH
  - Water = 60% of adult body weight
    - Decreases with age
  - Fluid distribution: movement of fluid among its various compartments
    - Fluid located in 2 compartments:
      - Extracellular (ECF): outside of the cell
        - Intravascular – liquid part of the blood (plasma)
        - Interstitial – located between the cells and outside the blood vessels (within the tissues)
      - Intracellular (ICF): inside of the cell
    - Body tries to maintain homeostasis
  - Osmolality: measure of the # of particles per kilogram of water
    - Normal range: 285 – 295 mOsm/kg H<sub>2</sub>O
    - Tonicity: concentration of solutes in solution
      - Isotonic – same tonicity as normal blood (no fluid shift)
      - Hypotonic – more dilute than the blood
      - Hypertonic – more concentration than normal blood
  - Electrolytes: a compound that separates into ions when it dissolves in water
    - Cations: + charged
      - Na, K, Ca, Mg
    - Anions: negatively charged
      - Cl, HCO<sub>3</sub>
- Movement of Water and Electrolytes:
  - Active transport: requires energy (ATP) to move electrolytes across cell membranes against concentration gradient (areas of low concentration to areas of high concentration)
    - Example: Sodium potassium pump
      - Moves Na out of a cell and K into it, keeping ICF lower in NA and higher in K than the ECF

# Potter And Perry Chapter 42

**Theophilus Parsons**



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Kockrow, 2013-12-27 Part of the popular LPN Threads series this comprehensive text includes in depth discussions of fundamental concepts and skills plus medical surgical content to help you provide safe and effective care in the fast paced healthcare environment Easy to read content an enhanced focus on preparing for the NCLEX Examination and a wealth of tips and study tools make Foundations and Adult Health Nursing 6th Edition your must have text **Study Guide & Skills Performance Checklist to Accompany Potter, Perry, Fundamentals of Nursing, Fifth Edition** Patricia A.

Potter, Gernalyn Ochs, Patricia A. Castaldi, Anne Griffin Perry, 2001 Comprehensive logically organized and easy to read this market leading fundamentals text provides students with a solid base for their nursing education Encompassing principles concepts and skills it offers thorough coverage a nursing process framework an emphasis on critical thinking and a focus on care in all settings This new edition addresses a number of key issues including evidence based practice safety concerns and end of life care To better meet the needs of beginning students care plans have been expanded to more clearly explain

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[Clinical Nursing Skills & Techniques](#) Anne Griffin Perry, Patricia Ann Potter, 1994 **The Record of the Presbyterian Church in the United States of America** Presbyterian Church in the U.S.A., 1869 *Helping Hand*, 1905 [Harvard Alumni Directory](#), 1948 **The Home and Foreign Record of the Presbyterian Church in the United States of America**, 1867 **The Presbyterian Monthly Record**, 1870 **Home and Foreign Record of the Presbyterian Church in the United States of America**, 1873 **The Law of Contracts** Theophilus Parsons, 1904 **Fibre & Fabric**, 1922 **The Baptist Missionary Magazine**, 1895 **The Monthly Army List**, 1896 **Baptist Missionary Magazine**, 1901 **Virtual Clinical Excursions 2.0 to Accompany Fundamentals of Nursing** Patricia A. Potter, Anne Griffin Perry, Tashiro, Ellen Sullins, Gina Long, 2004-06 A multi-floor virtual hospital VCE 2.0 Canyon View Regional Medical Center contains 14 patient rooms with five floors a Well Child Clinic a Pediatrics Floor a Surgery Department an Intensive Care Unit and a Medical Surgical Telemetry Floor These patients are included in VCE 2.0 Canyon View Regional Medical Center Darlene Martin Ms Martin age 49 was admitted with uterine leiomyomata irregular periods and endometrial hyperplasia She opts for a total abdominal hysterectomy James Franklin Mr Franklin age 67 admitted after experiencing episodic light-headedness left arm and left leg numbness and one episode of expressive aphasia He undergoes a carotid endarterectomy James Story Mr Story age 42 has renal failure and Type 1 Diabetes Mellitus He arrives complaining of significant weakness

nausea and an increasingly edematous right arm Paul Jungerson Mr Jungerson age 61 complains of persistent left lower quadrant abdominal pain that has lasted for 3 days Diagnosed with a coloanal anastomosis disruption he undergoes a colostomy Elizabeth Washington Ms Washington age 63 is admitted following an automobile accident which fractures her hip Tom Handy Mr Handy age 62 is admitted for a right upper lobectomy with bronchoscopy for moderately differentiated squamous cell carcinoma of the right lung Julia Parker Ms Parker age 55 is admitted with indigestion and mid back pain She suffers a myocardial infarction      *The Law Times Reports of Cases Decided in the House of Lords, the Privy Council, the Court of Appeal ... [new Series].* ,1889      Minutes of the General Assembly of the Presbyterian Church in the United States of America ,1908      **Minutes of the General Assembly of the Presbyterian Church in the United States** Presbyterian Church in the U.S. General Assembly,1908

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