

GROWTH MINDSET

MISTAKES
HELP ME
LEARN

FEEDBACK IS
VALUABLE

I IMPROVE
WITH
PRACTICE

I WON'T
GIVE UP



IS THIS
MY BEST
WORK?

FIXED MINDSET

I WANT TO
AVOID MAKING
MISTAKES

I
GIVE UP



I'LL NEVER BE
THAT SMART

I KNOW
BEST

THIS IS
GOOD
ENOUGH

Quick Start Self Help Mindset

Brendan G. Carr

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