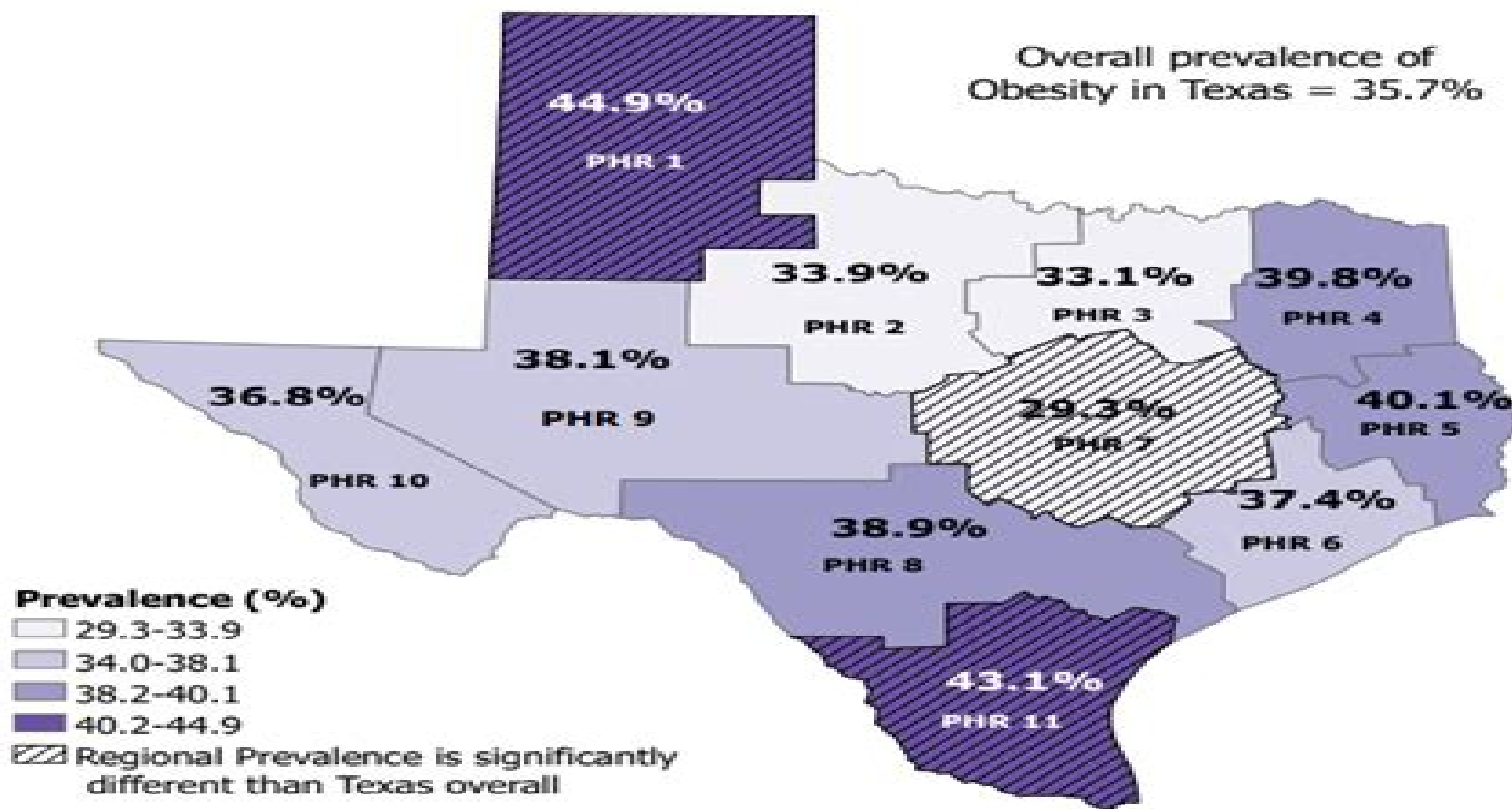


# Prevalence of Obesity among Adults, by Public Health Region (PHR), Texas, 2020



Data Classification: Quantiles

Data Source: 2020 Texas Behavioral Risk Factor Surveillance System (BRFSS), Center for Health Statistics, Texas Department of State Health Services. Obesity is defined as a body mass index (BMI) of 30 kg/m<sup>2</sup> or higher, calculated from self reported height and weight.



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Created by Chronic Disease Epidemiology Branch, 11/17/2021

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**Eating Disorders** Justine J. Reel, 2018-05-10 This encyclopedia offers a variety of resources for readers interested in learning more about eating disorders including hundreds of reference entries interviews scholarly debates and case studies While many people may reflexively imagine an anorexic or bulimia teenage girl upon being asked to think about eating disorders eating disorders are a form of mental illness that can take many forms and affect individuals of all genders ages and ethnic backgrounds In fact an estimated eight million people in the United States struggle with an eating disorder making eating disorders one of the most prevalent forms of mental illness in America This two volume encyclopedia comprehensively examines eating disorders as the forms they can take their causes and potential complications and how they can best be treated and prevented It also examines the influence had by cultural factors such as the fashion industry television and movies and social media More than just a simple A to Z reference Eating Disorders Understanding Causes Controversies and Treatment also includes valuable features such as Q A interviews with those affected by and working to combat eating disorders case studies scholarly essays that voice opinions in key debates and a directory of resources for individuals seeking help

**Progress in Preventing Childhood Obesity** Institute of Medicine, Food and Nutrition Board, Committee on Progress in Preventing Childhood Obesity, 2007-02-22 The remarkable increase in the prevalence of obesity among children and youth in the United States over a relatively short timespan represents one of the defining public health challenges of the 21st century The country is beginning to recognize childhood obesity as a major public health epidemic that will incur substantial costs to the nation However the current level of investment by the public and private sectors still does not match the extent of the problem There is a substantial underinvestment of resources to adequately address the scope of this obesity crisis At this early phase in addressing the epidemic actions have begun on a number of levels to improve the dietary patterns and to increase the physical activity levels of young people Schools corporations youth related organizations families communities foundations and government agencies are working to implement a variety of policy changes new programs and other interventions These efforts however generally remain fragmented and small in scale Moreover the lack of systematic monitoring and evaluation of interventions have hindered the development of an evidence base to identify apply and disseminate lessons learned and to support promising efforts to prevent childhood obesity Progress in Preventing Childhood Obesity How Do We Measure Up examines the progress made by obesity prevention initiatives in the United States from 2004 to 2006 This book emphasizes a call to action for key stakeholders and sectors to commit to and demonstrate leadership in childhood obesity prevention evaluates all policies and programs monitors their progress and encourages stakeholders to widely disseminate promising practices This book will be of interest to federal state and local government agencies educators and schools public health and health care professionals private sector companies and industry trade groups media parents and those involved in implementing community based programs and consumer advocacy

Expanding Waistlines David Campos, 2007-01-01 Many health experts agree that childhood obesity is an epidemic in the modern world In the United States alone government data suggest that the number of overweight or obese children is nearly triple the number of 1980 and there are no signs that this incidence is decreasing Information like this cannot be ignored or trivialized because excess weight can prove damaging to general wellness Indeed overweight or obese children and youth risk a wide range of medical complications Extra pounds can also negatively impact their well being which can cause long term mental health problems In short if the childhood obesity crisis is left forsaken an unprecedented generation of youth will have a diminished quality of life *Expanding Waistlines* is ideal for child advocates and youth serving professionals who seek to learn more about childhood obesity A prominent feature of *Expanding Waistlines* is that each chapter poses a series of questions relevant to school personnel such as What can I do at my school and in my classroom How should I approach my students who are overweight or obese What are some key elements I should look for when evaluating a potential program Specifically the book explores the factors that contribute to obesity in society and the associated risks of excess weight on children and youth Subsequent chapters discuss how to promote healthy eating practices and regular physical activity at school and home The final chapters report on specific resources *Expanding Waistlines* also features the latest demographic data BMI calculations and classifications recommended guidelines for health Wellness Policy requirements and food label information *The Texas Outlook*, 1916

**Writing and Reporting News** Carole Rich, Christopher Harper, 2007 A journalism textbook which uses writing coach principles that emphasize the process of reporting and writing rather than how to write that great lead sentence Includes many examples tips from prize winning journalists and emphasis on integrating the visual and verbal styles of the modern newspaper Annotation copyright by Book News Inc Portland OR Distributed by Syndetic Solutions Inc

**Social Issues in Sport-3rd Edition** Woods, Ron, 2015-09-24 *Social Issues in Sport Third Edition* explores common questions and issues about sport and its relation to society through various sociological and cultural lenses The text is grounded in practical application and provides social theories through which students may examine real world issues

**Young People** Margaret Robertson, Sirpa Tani, 2013-04-01 Young people have lived all their lives with personal connectivity In modern society mobile digital devices provide a steady stream of information any time and any place resulting in young people offering a unique perspective on global issues *Young People* Cross cultural views and futures highlights student voices from multiple perspectives and diverse sociocultural contexts Bringing together case studies from researchers teachers and students on every continent Margaret Robertson and Sirpa Tani provide findings and reveal overlapping interests related to the future of our planet including the environment health wellbeing families education and jobs from Australia Singapore Taiwan Chile Colombia the United States Kenya the United Kingdom the Netherlands and Finland The final chapter in the book reflects on these findings and explores how the behaviours essential values and beliefs of young people are being modified The book concludes with suggestions related to how the voice of students can add to the quality of

educational decision making for the future      **Annual Report, Extension Service, Agricultural and Mechanical College of Texas** Texas Agricultural Extension Service,1925      **Report Card** James Patrick Hussey,2003-09-30 Despite the impact local school board members have on public education little has been written about them and the experiences and motivations they bring to the board table particularly from a board member s perspective Report Card The Weekly Education of an American School Board Member fills that void Authored by James Patrick Hussey it includes 100 essays ranging from surprisingly interesting treatises on budgets and bond levies to impassioned articles underscoring the role of public education in a free society Each essay serves as a catalyst for classroom discussions or independent writing assignments that engage students intellectually and often emotionally in the topic it explores Hussey uses his extensive experiences in education and journalism to create a work that is intellectually rigorous but accessible to a wide audience Unlike some books exploring public policy Report Card rarely shouts at its readers Instead Hussey writes with the humility of someone required to live in his community after the newspaper columns from which these essays are adapted were published It will be of special interest to persons with current or anticipated roles in America s public schools particularly administrators teachers education students and elected officials This book will also make an excellent supplemental text for teacher preparation or educational leadership classes from introductory courses to doctoral seminars      *Federal Register* ,2013-06      **American Journal of Public Health** ,2009      *Growth, Maturation, Physical Activity, and Sport* Robert M. Malina,2025-04-07 Growth Maturation Physical Activity and Sport Third Edition is uniquely focused on the biological growth and maturation of children and adolescents in relation to physical performance both physical activity and sport Written by a true legend in the field Robert M Malina this latest edition features new content exploring the characteristics of youth sport participants associated benefits and risks and efforts aimed at talent development This essential resource guides readers through the complexities of human growth and maturation with the latest research findings and over 350 charts and illustrations that visually support the material The content has been expanded and modified to incorporate recent advances in technology and science such as progress in the study of the human genome deeper understanding of hormone regulation during growth and advancements in body composition assessment Growth Maturation Physical Activity and Sport Third Edition uses a five part structure enabling readers to gain a basic understanding of growth and maturation and then build upon that foundation The first two parts focus on age and sex associated variations in body composition and explore the concept of biological maturation Part III discusses primary factors that interact to regulate the process of growth and maturation hormones genes nutrients and energy and social factors Part IV considers motor development and performance from infancy through adolescence Part V has been added to provide an overview of youth sports participation statistics and motivation for participation as well as a review of the growth and maturity characteristics of male and female participants in a variety of team and individual sports Growth Maturation Physical Activity and Sport Third Edition is the only text to focus on the biological growth and maturation process

of children and adolescents as it relates to physical activity and performance Readers will complete the text with an appreciation for the field and its influence in physical education kinesiology and the sport sciences The Texas Criminal Reports Texas. Court of Criminal Appeals,Alexander M. Jackson,Alexander M. Jackson (Jr.),Sam Andrew Willson,John Preston White,Rudolph Kleberg,W. W. Nelms,W. C. Wear,1883 **Social Welfare** Diana M. DiNitto,Linda K. Cummins,2007 Social Welfare Politics and Public Policy is the most comprehensive and easy to understand introduction to the social welfare system and social welfare policy This is a leading text in social welfare policy in departments of social work political science administration and government and is also used in some departments of sociology DiNitto focuses on the political aspects of policymaking she describes the major social welfare programs including public assistance Social Security disability health insurance and more She also addresses racism sexism gay rights and immigration in the context of social welfare policies and programs Additionally it includes new and updated information on welfare reform TANF food stamps managed care disability aging the latest figures on poverty and the latest information on job training and employment A full range of supplements includes an Instructor s Manual Test Bank and a Computerized Test Bank Student supplements include an Online Study Guide **Agriculture and Human Values** ,2006 **Southern Medical Journal** ,1919 The Texas Courier-record of Medicine ,1890 **American Studies** ,2009 Exclusively Yours ,1994 **Texas State Journal of Medicine** ,1920

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